



JESUS, THE GOOD SHEPHERD PARISH

~ East Lake Macquarie ~

♦ St Francis Xavier's Belmont ♦ St Patrick's Swansea ♦ St Pius X Windale ♦

• THE MOST HOLY BODY AND BLOOD OF CHRIST • YEAR C • 22 JUNE 2025 •

Parish Presbytery

Parish Priest Fr Gerard Mackie PP
Postal Address PO Box 277
BELMONT NSW 2280
Presbytery Phone 02 4945 1244

Parish Office

Accounts and Administration Officer Mrs Liza Ruitenbach
Street Address 40 Ernest Street
BELMONT NSW 2280
Postal Address PO Box 277
BELMONT NSW 2280
Office Phone 02 4945 4402
Email elmparish@mn.catholic.org.au
Facebook [Jesus the Good Shepherd Parish-East Lake Macquarie](https://www.facebook.com/Jesus-the-Good-Shepherd-Parish-East-Lake-Macquarie)

Parish Webpage Please use QR Code to access parish webpage at <https://www.mn.catholic.org.au>
All enquiries via Parish Office



Columbarium

Office Hours

Monday 8:00AM to 1:00PM
Wednesday 8:00AM to 1:00PM
Thursday 8:00AM to 1:00PM

Schools

St Francis Xavier's Catholic Primary School Belmont

Principal Mrs Freda Pascoe
Street Address 42 Ernest Street
BELMONT NSW 2280
Postal Address PO Box 206
BELMONT NSW 2280
Phone 02 4945 2404
Email admin@belmont.catholic.edu.au
Website www.belmont.catholic.edu.au
OOSH <https://stnicholasoosh.org.au/belmont>

St Patrick's Catholic Primary School Swansea

Principal Ms Lucy Harvey
Street Address 213 Northcote Avenue
SWANSEA NSW 2281
Postal Address PO Box 141
SWANSEA NSW 2281
Phone 02 4971 1560
Email admin@swansea.catholic.edu.au
Website www.swansea.catholic.edu.au

St Pius X Catholic Primary School Windale

Principal Mr Stephen Pryde
Street Address 2 Lake Street
WINDALE NSW 2306
Postal Address As above
Phone 02 4948 8467
Email admin@windale.catholic.edu.au
Website www.windale.catholic.edu.au

Diocese of Maitland-Newcastle

Bishop Bishop Michael Kennedy
Street Address 841 Hunter Street
NEWCASTLE WEST NSW 2302
Postal Address PO Box 780
NEWCASTLE NSW 2300
Phone Number 02 4979 1200
Email chancery@mn.catholic.org.au
Website www.mn.catholic.org.au

Liturgical Celebrations

Weekday Masses

Monday: 8:30AM Belmont
Tuesday: 8:30AM Windale
Wednesday: 8:30AM Swansea
Thursday: 8:30AM Belmont
Friday: 8:30AM Swansea
Saturday: 11:00AM Windale

Sunday Mass Times

Saturday: 5:00PM Swansea
Sunday: 7:30AM Windale
9:00AM Belmont

Morning Prayer

Morning Prayer is prayed 15 minutes before our weekday Mass.

Rosary

We invite everyone to join in and pray the Rosary daily after the 8:30AM weekday Mass from Monday to Saturday. Rosary is also prayed on Saturdays prior to the Vigil Mass at St Patrick's Swansea. We commence forty (40) minutes before the Mass starting 5:20PM Summer and 4:20PM Winter).

Feast Days

23 June Saint Paulinus of Nola, Bishop
24 June The Nativity of Saint John the Baptist
27 June The Most Sacred Heart of Jesus
28 June Immaculate Heart of Mary
28 June Saint Irenaeus, Bishop and Martyr
29 June Saints Peter and Paul, Apostles

Mass at Jesus the Good Shepherd

The following information is to assist parishioners and visitors while attending Mass.

- ✓ **Physical distancing** is still appropriate.
- ✓ The wearing of a face **mask** can help protect you and those around you. Masks are available at the church entrance.
- ✓ **Hand sanitiser** helps to reduce the spread of viruses and is available.
- ✓ **Holy Water** is available and changed regularly.
- ✓ Select your **bulletin** and please take it home with you afterwards. Bulletins are no longer re-used.
- ✓ **Singing** is permissible.
- ✓ Parishes can use liturgical ministers - **readers, servers, etc.**
- ✓ **Procession of Gifts** may take place.
- ✓ The **Sign of Peace** remains contactless except between those residing in the same household.
- ✓ The distribution of **Communion** during Mass. The **Communion host** can be received in the hand, and on the tongue with care. For the latter please, proceed to the Priest only and at the end of the line. The **Precious Blood** is now available for all to receive. Kindly remember that a person with symptoms of cold, flu, COVID, or other viruses should not share the chalice with others.
- ✓ The **collection plate** has resumed during Mass. Thank you for your continued support. The **First** Collection supports all our Diocesan Priests, and the **Second** Collection supports our parish operating costs.

Parish Office

When visiting the Parish Office:

- ✓ For your safety, use the footpath and **do not** walk through the garden.
 - ✓ All on-site visitors are required to sign-in.
 - ✓ Physical distancing is still appropriate when entering a building.
 - ✓ Hand sanitizer and face masks are available if needed.
- We can assist you by post, phone, or email during office hours.

Sacraments

Thinking of becoming Catholic?

See Fr Gerard or email [Fr Gerard](mailto:Fr.Gerard@mn.catholic.org.au).

Anointing of the Sick

Anointing of the Sick is available. See Fr Gerard

1514 The Anointing of the Sick "is not a sacrament for those only who are at the point of death. Hence, as soon as anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him to receive this sacrament has certainly already arrived."

From the Catechism of the Catholic Church.

Baptism

The Sacrament of Baptism can be celebrated: however, in the current circumstances Baptism can only be celebrated by the pouring of water and not by immersion. Baptism enquiries may be made via the Presbytery or Parish Office.

Baptism Preparation: The program is held every first Saturday of the month, except January, at 11:15AM in the Parish Hall at Belmont. Enrolment forms are available at each church or from the Parish Office. Our next meeting is on Saturday 5 July 2025. Bookings are essential.

Funerals

To organize a funeral please contact the Funeral Directors who will then contact the Parish Priest.

Columbarium

For an information contact the Parish Office.

Marriage

For all wedding enquiries or bookings, contact Fr Gerard.

Penance

The celebration of the Sacrament of Penance is available.

Penance Times:

- Belmont: Saturday morning after Mass
- Swansea: Saturday evening before Mass

Prayer Requests

Please pray for

Sick: Canice (Ken) Watt, Therese Smith, Geoff Brown, Carter McGie.

(Once the person is no longer in need of prayer, would you kindly inform the Parish Office)

Recently Deceased: Graham Neil O'Brien, Marjorie Stone.

Anniversaries: Mary Wilcock, Tom McEneaney.

Eternal rest grant to them, O Lord, and may light perpetual shine upon them. ☩ May their souls and the souls of all the faithful departed rest in peace. Amen

Mass Intentions for publication may be submitted on an envelope on the collection plate, or to the Parish Office by email, or by phone; by 9:00AM Wednesday each week ahead. Envelopes are available at the church entrance. Please write details clearly to avoid errors. A reminder that you need the permission of the person, or their family, to enable us to publish names.

Pope's Prayer Intentions

You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention each month.



<https://www.popesprayer.va/>

June Intention: That the world might grow in compassion

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

Safeguarding in Our Parish

Our Children and Vulnerable Adults

The Parish of Jesus, the Good Shepherd is committed to the safety, welfare and wellbeing of children and vulnerable adults. Information brochures are available at the entrance to the Church. Our **Parish Promoters of Safeguarding** are all the members of the Parish Pastoral Council.

Reflection

by Richard Leonard



In the mid 1980s in churches in Paris I saw for the first time reconciliation rooms that had ceiling to floor glass. The priest sat at a candle-lit table and the penitent knelt behind the priest or sat with him at the table. Restoring the public dimension to the Sacrament increased its power and witness.

Last year in our community we renovated our chapel. One of several things we did was put glass doors on the tabernacle, install a diffused light inside and reserve the chalice.

The overall effect was startling. For the first time in my life I could see at all times the elements toward which I direct my devotion.

The reaction of others was interesting too. One person protested that 'you can see the Blessed Sacrament and the chalice looks ready to drink', another felt that 'the wafers we reserved should not be broken, but be one complete host' and still a third objected that it 'looks like real food'.

These were curious reactions given what we celebrate today, the feast of Corpus Christi. The devotion we as Catholics have to Christ's presence in the Eucharist is precisely caught up in the meal he left us. Therefore it is right that the food we share and venerate should be on display, should look inviting and be broken, for this is what Jesus did at his final supper and what he offers us as gifts – himself, broken and poured out in love.

Each time I pray in front of our new tabernacle I have been struck by the power of these elements as the definitive symbol of Jesus' presence in our world. Not only in grand cathedrals or libraries of words does God visit us. Not only in prophets' speeches or laws set in stone. But in simple gifts of broken bread and poured wine. And at these times I recall that the action of being broken and poured out is the core of what we believe: our God poured himself out in love for us in Christ; Jesus was broken unto death for us so that we might be made whole; the Spirit gives us strength and courage to face the daily breakings and pourings that make up our lives and every time anyone, anywhere shares bread or passes a cup with those in need, our God is really present.

Praying there also reminds me that following the Trinity's example, this pattern is repeated in all faithful Christian lives too. The martyrs, the saints and all of those we know who have gone before us, having led lives of selfless devotion, continue to embody the Body and Blood of Christ we venerate.

And so to us. When we come forward, when we say 'Amen' and receive into our hands the Bread of Life and the Cup of Salvation we too take on to ourselves the invitation to become what we receive: a body broken in love, blood poured out in hope that the world may be saved from itself and find life to the full in Christ. © Richard Leonard SJ

If you have any concerns for a child or vulnerable adult, contact the Office of Safeguarding via P 02 4979 1390 or E childprotection@mn.catholic.org.au.

For further information visit:

Website: www.officeofsafeguarding.org.au

Facebook: <https://officeofsafeguarding.org.au/>

Complaints: <https://officeofsafeguarding.org.au/making-a-complaint/>



Parish News

Welcome

We welcome new parishioners and visitors. We invite you to pick up and complete our 'New to the Parish?' flyer.

Live Stream

Our Parish Mass continues to be recorded livestream and available via [Facebook](#).

Parish Morning Tea

Windale (4th Sunday of every month) - Join in a morning tea at Windale Hall after 7:30AM Mass on **Sunday 22 June 2025**. All are welcome. Enquiries: Sr Maria.

Exposition of the Blessed Sacrament

TODAY, Sunday 22 June (CORPUS CHRISTI), Exposition of the Blessed Sacrament will be held from 10:00AM to 11:00AM followed with Midday Prayer and Benediction at 11:00AM. All are welcome.

Bulletin Notices, Flyers and Posters

To avoid disappointment, all items for the parish bulletin need to be received at the Parish Office by 9:00AM on Wednesdays. Posters and flyers all need to come via the office.

Parish Caring Group

If you are an authorized account signatory, or know who is, kindly advise the office. We have mail that requires action.

**** Food and Toiletries Urgently Needed ****

To assist our fellow Taree Parish Community after the recent flooding, our parish is seeking **donations of non-perishable food and toiletries (new)**.

Donation items can be placed in the boxes provided at the main entrance of each church before and after Mass AND 2:30PM on Wednesday 25 June at Belmont Church. Pick up can be arranged for medium to large donations by contacting Jan on M 0438 252 657.

Furthermore, we need volunteers who can assist with loading the donated goods into a van on **Wednesday 25 June** from Belmont, Windale and Swansea between 3:00PM and 4:00PM. Contact Nicki if you can assist 0417 773 444. The donated goods will then be taken directly to Taree.

St Vincent de Paul Winter Appeal

Belmont Vinnies successfully commenced the 2025 Winter Appeal with a special luncheon at Belmont Yacht Club on Thursday 28 May. The concept was wonderfully supported by our church groups and local business networks with \$2,855 raised to assist the needy and homeless. A fantastic outcome! Thanks to everyone involved.

We will continue our Parish Winter Appeal at each of our churches on 21 / 22 June and conclude on 28 / 29 June. We look forward to your continued generous support.

75th Anniversary Celebration

Save the Date – Friday 26 September 2025. St Francis Xavier's Primary School Belmont (formerly St Joseph's Primary School). More information will be available soon.

Planned Giving Packs for 2025-2026

New Planned Giving envelope packs are now available for collection from your nominated church. If you are unable to locate your pack, please check at the Belmont Church or contact the Parish Office. If your circumstance has changed and you no longer need your pack, please let the office know so that your record is updated and the envelopes redistributed. NEW contributors are welcome to call or email the Parish Office. Direct debit options are available.

Parish Groups and Teams

Friendship Group

The next Friendship Group for singles lunch will be held on Sunday 6 July 2025 at 12:00PM at the Swansea Workers Club 9 Rawson Street Swansea. RSVP before 5:00PM on Thursday 3/7/2025 by contacting Mary on M 0408 498 898. Newcomers are welcome.

Diocesan News

Mass Times App to be Discontinued from 1 July

As from 1 July 2025, the Diocese will cease using the Mass Times App as a tool for parish communication.

Praise and Worship

We extend a welcome to all people from around the Diocese to come and see, and to worship together with us! Sunday 22 June, 3:00PM-5:00PM – **JOSEPHITE CENTRE – ST MARY'S CATHOLIC COLLEGE GATESHEAD**. For more information and to register <https://mn.catholic.org.au/event/praise-worship-evening/>

Bishop's Flood Appeal – Manning Community

Donations can be made via the Diocesan Website <https://mn.catholic.org.au/bishopsappeal/> or by direct online bank transfer. Donations are not tax deductible. Any queries can be directed to the Catholic Community Fund (CCF) team ccf@mn.catholic.org.au

Account Name: Taree Wingham Flood Donations
BSB: 066739 Account: 100030589

A heartfelt thank you for supporting our Bishop's Flood Appeal https://www.youtube.com/watch?v=AYvcv4ShU_8

NAIDOC Week Prayer Service

On Sunday 6 July – 1:45PM for 2:00PM Sacred Heart Cathedral will host the NAIDOC Week Prayer Service celebrating the theme "The Next Generation: Strength, Vision and Legacy". This is the 50th year of NAIDOC Week and will feature the burial of a time capsule, a symbolic gesture preserving this legacy for generations to come. For more information and to register visit <https://mn.catholic.org.au/event/2025-naidoc-week-prayer-service/>

Other News

Lectio Divina with Bishop David Walker

Scripture Adventure - Journey through the Gospels with Bishop David Walker. It is a free live presentation each Saturday between 4:00PM and 5:00PM and uploaded to our website for your convenience lectiodivina.com.au

Immerse Silent Retreat

Friday 31 October - Sunday 2 November
Dive deep into the graces of silence and contemplation. Immerse yourself in the love of God who waits for us to abide in Him. Join with the Saints and complete the Jubilee Year With a retreat focused on redemption, rest and refreshment. trybooking.com/CZPWY

Jubile News

Australian Catholic Youth Festival

The Catholic Archdiocese of Melbourne is excited to be hosting ACYF from 30 November – 2 December 2025 and is looking forward to welcoming thousands of young people to Melbourne.

To find out more about the Festival, including any general inquiries, reach out to the Festival team on:

T: 03 7064 3995 E: acyf@cam.org.au

The Most Holy Body and Blood of Christ Year C

Entrance Antiphon

Cf Psalm 80:17

He fed them with the finest wheat
and satisfied them with honey from the rock.

First Reading

Genesis 14:18-20

A reading from the book of Genesis

Melchizedek brought bread and wine.

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.' And Abraham gave him a tithe of everything.

The Word of the Lord.

Responsorial Psalm

Ps 109:1-4. R. v.4

**(R.) You are a priest for ever,
in the line of Melchizedek.**

1. The Lord's revelation *to my Master:*
'Sit *on my right:*

I will put your foes *beneath your feet:*'

2. The Lord will *send from Zion*
your sceptre *of power:*
rule in the midst of *all your foes.*

3. A prince from the day *of your birth*
on the *holy mountains;*
from the womb before the daybreak *I begot you.*

4. The Lord has sworn an oath he *will not change.*
'You are a *priest for ever,*
a priest like Melchizedek *of old.*'

Second Reading

1 Corinthians 11:23-26

A reading from the first letter of St Paul to the Corinthians

Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord.

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The Word of the Lord.

Sequence

Come, behold, the bread of angels,
this our strength on pilgrim's way.
For the children God is giving
mana for our bread each day.
Now the sign of Isaac telling:
Christ has conquered on this day.

In the memory of Jesus,
gathered we as chosen band.
Bread and wine Christ is transforming,
Flesh and Blood are now at hand.
From his words and actions learning,
love we share at his command.

When the sacred bread is broken,
all receive the Christ as one.
By his love Christ is transforming,
though so many we are one;
all the scattered are untied,
all the lonely welcomed home.

Hear our prayers, O kindly Shepherd,
be for us true living bread.
Grant us peace in all our doings,
to our resting place be led,
forth will all the saints now dwelling,
we the body, you the Head.

Gospel Acclamation

John 6:51-52

Alleluia, alleluia, alleluia.

I am the living bread from heaven, *says the Lord;*
whoever eats this bread will *live for ever.*

Alleluia, alleluia, alleluia.

Gospel

Luke 9:11-17

A reading from the holy Gospel according to Luke

They all ate and were filled.

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord.

Communion Antiphon

John 6:57

Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.



Next Week's Readings

Saints Peter and Paul, Apostles

First Reading	Acts of the Apostles 12:1-11
Responsorial Psalm	Ps 33:2-9. R. v.5
Second Reading	2 Timothy 4:6-8, 17-18
Gospel Acclamation	Matthew 16:18
Gospel	Matthew 16:13-19