

# Art and Spirituality Workshop

12 September 2025



Creation of art provides an opportunity for a deepening awareness of oneself and the world and can act as a catalyst for evoking the Spirit.

Art is a means to see-to-re-search and find the living meaning of what it means to open the heart. Everyone has the ability to create art, but in order for it to be theological, the artist needs to explore ways that it makes sense of faith. Opening the heart through art involves making meaning through the creation, then reflecting on the art itself and the unfolding the moment-to-moment direct experience of the process.

This workshop will provide an opportunity to awaken the Spirit through the beauty of God's creation, prayer, and reflection. Participants will engage in art making experiences which will nourish their faith.

For further information contact Rose McAllister on [rose.mcallister@mn.catholic.org.au](mailto:rose.mcallister@mn.catholic.org.au)



## Time

9.00am – 3.00pm

## Where

Kilaben Bay Community Centre

## Cost

\$25 pp

## Registration

<https://www.eventbrite.com.au/e/1235249708129>



[www.mn.catholic.org.au](http://www.mn.catholic.org.au)